

# An Inspiring Guide To Keeping Sketch Journal

Are you looking for a creative outlet? Do you want to improve your drawing skills? If so, then keeping a sketch journal is a great option for you. Sketch journals are a great way to practice your drawing skills, experiment with new techniques, and document your creative journey. Plus, they're a lot of fun!

## What is a sketch journal?

A sketch journal is simply a notebook that you use to draw in. It can be any size or shape, and you can use any type of paper you like. The important thing is that you choose a journal that you're comfortable using and that you'll be able to stick with.



## Draw Your Day: An Inspiring Guide to Keeping a Sketch Journal by Samantha Dion Baker

★★★★☆ 4.6 out of 5

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Screen Reader : Supported  
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## Why should you keep a sketch journal?

There are many benefits to keeping a sketch journal. Here are a few of the most popular:

- **It's a great way to practice your drawing skills.** The more you draw, the better you'll become at it. A sketch journal is a great way to practice your basic drawing skills, such as line, shape, and perspective. You can also use it to experiment with new techniques, such as watercolor, ink, and charcoal.
- **It's a great way to document your creative journey.** A sketch journal can be a valuable record of your creative journey. You can use it to track your progress as an artist, and to see how your style changes over time. It can also be a great way to remember your travels, your experiences, and the people you meet.
- **It's a great way to relax and de-stress.** Drawing can be a very relaxing and therapeutic activity. It can help you to clear your mind, focus on the present moment, and let go of stress.

## **How to start a sketch journal**

Starting a sketch journal is easy. Here are a few tips to get you started:

1. **Choose a journal that you're comfortable using.** The size, shape, and type of paper are all up to you. Choose a journal that you'll be able to stick with and that you'll enjoy using.
2. **Don't be afraid to experiment.** There are no rules when it comes to sketch journaling. Draw whatever you want, in whatever style you want. The important thing is to have fun and to experiment with different techniques.

3. **Draw regularly.** The more you draw, the better you'll become at it. Try to draw in your journal every day, even if it's just for a few minutes.

## Tips for keeping a sketch journal

Here are a few tips to help you keep your sketch journal going:

- **Set aside time for drawing.** It's important to set aside time each day for drawing, even if it's just for a few minutes. This will help you to make drawing a habit and to stick with it.
- **Carry your journal with you.** This will make it easier for you to draw whenever inspiration strikes.
- **Don't be afraid to make mistakes.** Mistakes are a part of the learning process. Don't worry about making perfect drawings. Just focus on having fun and learning from your mistakes.
- **Share your work with others.** This can be a great way to get feedback and to learn from other artists.

Sketch journaling is a great way to practice your drawing skills, document your creative journey, and relax and de-stress. If you're looking for a creative outlet, then keeping a sketch journal is a great option for you.



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