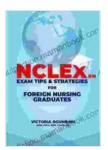
# Nclex Rn Exam Tips and Strategies for **Foreign Nursing Graduates**



### NCLEX-RN EXAM TIPS & STRATEGIES FOR FOREIGN **NURSING GRADUATES: PASS NCLEX AT 1ST**

**ATTEMPT** by VICTORIA OGUNRINU



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The NCLEX-RN exam is a challenging exam that all foreign nursing graduates must pass in order to practice nursing in the United States. The exam is designed to test your knowledge of nursing fundamentals, including medical-surgical nursing, pediatrics, obstetrics, and mental health nursing. It is important to prepare for the exam thoroughly in order to increase your chances of success.

Here are some tips and strategies to help you prepare for the NCLEX-RN exam if you are a foreign nursing graduate:

#### 1. Start studying early

The NCLEX-RN exam is a comprehensive exam, so it is important to start studying early. This will give you plenty of time to review the material and

ensure that you are well-prepared for the exam.

#### 2. Use a variety of study resources

There are a variety of study resources available to help you prepare for the NCLEX-RN exam. These resources include textbooks, review courses, and online practice tests. It is important to use a variety of resources to ensure that you are getting a well-rounded review of the material.

#### 3. Take practice tests

Taking practice tests is one of the best ways to prepare for the NCLEX-RN exam. Practice tests will help you identify your strengths and weaknesses so that you can focus your studies on the areas where you need the most improvement.

#### 4. Get enough sleep

It is important to get enough sleep the night before the NCLEX-RN exam. This will help you to stay focused and alert during the exam.

#### 5. Eat a healthy breakfast

Eating a healthy breakfast on the day of the NCLEX-RN exam will help you to stay energized and focused during the exam.

#### 6. Arrive at the testing center early

Arriving at the testing center early will help you to avoid any last-minute stress and anxiety. You will also have time to review the exam instructions and get settled in.

#### 7. Stay calm during the exam

It is important to stay calm during the NCLEX-RN exam. If you start to feel anxious, take a few deep breaths and focus on staying positive. Remember that you have prepared for the exam and that you are capable of passing it.

#### 8. Use your time wisely

The NCLEX-RN exam is timed, so it is important to use your time wisely. Read the questions carefully and answer them to the best of your ability. If you are unsure about an answer, make your best guess and move on. You can always go back and review the question later.

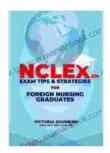
#### 9. Don't be afraid to ask for help

If you are struggling with a question, don't be afraid to ask the proctor for help. The proctor is there to assist you and ensure that you have a fair exam experience.

In addition to the tips and strategies listed above, here are some additional resources that may be helpful for foreign nursing graduates who are preparing for the NCLEX-RN exam:

- NCSBN website for international nursing graduates
- NLN website for NCLEX-RN prep resources
- Kaplan website for NCLEX-RN prep for international students

By following these tips and strategies, you can increase your chances of passing the NCLEX-RN exam and beginning your nursing career in the United States.



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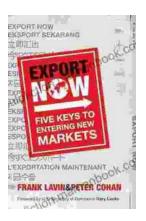
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